

September 27, 1999

Continental Mills  
P.O. Box 88176  
Seattle, WA 98138-2176

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To Whom It May Concern:

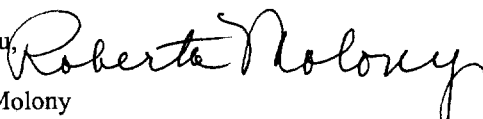
I purchased a box of pancake mix the other day, and I was all excited that I was going to be able to try something a little different. I have many food allergies, so it is always an adventure for me, when I can find something different that I think I will be able to eat. I was most excited because your pancake mix

KRUSTEAZ Low Fat Oat Bran Pancake Mix  
doesn't contain any milk – which is a big problem for me.

I was very dismayed, though, to find that the mix contains cinnamon – which is not specified in the list of ingredients – and is very bad for me. Cinnamon brings on wheezing and asthma attacks if I eat it. Fortunately, I could smell it as soon as I added the water. So my husband got double the pancakes I would normally give him.

I am writing this letter to educate you to the fact that people can be allergic to various spices – so it is not enough to list “SPICES” generically, as an ingredient on your packages. I shudder to think of what might have happened if I could not detect the presence of a spice by sight or smell, before I ate it. This is a potentially dangerous practice.

I hope you will seriously consider listing individual spices on your packages, instead of using the generic term “SPICES”.

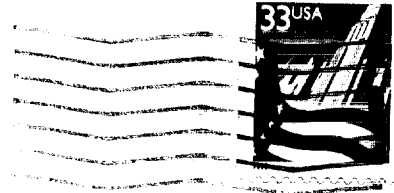
Thank you,   
Roberta Molony  
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Cc: FDA

99P-2148

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